

PREPARING FOR DEEP TMS TREATMENT

ABOUT DEEP TMS

Katie's Way Plus is a national leader in Deep Transcranial Magnetic Stimulation (Deep TMS), offering an effective treatment for depression. Deep TMS is a safe, non-medication, FDA-cleared therapy that uses gentle magnetic pulses to stimulate underactive regions of the brain, conditioning it to better regulate mood in patients with depression. It is especially effective for individuals who have not found relief through other treatments, such as antidepressants and talk therapy.

A TYPICAL COURSE OF TREATMENT

Deep TMS treatment requires a time commitment, as the brain needs time to adjust and improve. The duration and frequency of treatment are tailored to each individual's needs. However, the following information can be used as a general guide.



5

Treatments
per week



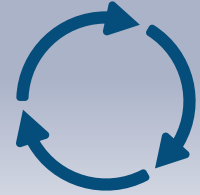
6-16*

Weeks depending
on plan



20 minutes

Typical treatment
session length



36-60

Total # of sessions depends
on provider assessment.

YOUR FIRST DEEP TMS

During your first Deep TMS appointment, we take the time to determine the most effective treatment for your specific needs. During this time, we will identify the appropriate magnet strength and coil position for your specific treatment.

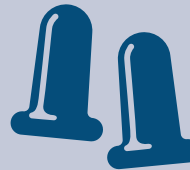


DEEP TMS SESSION

Deep TMS sessions are generally scheduled for 45 minutes, with 20 minutes being actual treatment time. This duration allows the technician to evaluate the client's needs and adjust the equipment for optimal effectiveness.

A TYPICAL DEEP TMS

There are no restrictions following Deep TMS treatments, allowing you to drive, work, and continue your regular activities immediately afterward. During the sessions, you can relax in a comfortable treatment chair. Most patients describe the sensation of Deep TMS as a light tapping, which may take some getting used to. If you experience any discomfort during treatment, please inform us, and we will make the necessary adjustments. Possible side effects may include mild discomfort at the treatment site.



WE PROVIDE EARPLUGS & MOUTHGUARD

You may also bring your own mouthguard or earplugs.



TIME TO RELAX

We ask our patients to set aside cell phones, tablets, and reading materials. Instead, we provide a large screen that plays calming music to help them relax and focus on themselves.



Learn More About Deep TMS

visit: katieswayplus.com